March and April 2018 Visually Impaired Program Newsletter

City of Raleigh Parks, Recreation and Cultural Resources Specialized Recreation & Inclusion Services 2401 Wade Avenue, Raleigh, North Carolina 27607

Office: 919-996-2147

Email: <u>SRIS@raleighnc.gov</u>

The Visually Impaired Program is intended for individuals 18 and older with visual impairments, unless otherwise noted.

Program registration numbers will be reviewed 1 week in advance to determine whether there is sufficient registration to hold the program. This is consistent with other City programs and provides the opportunity for respectful and timely communication for participants, staff and program locations.

All participants must complete and sign a Participation Form before participating in any activity. These forms are valid for one year. Please be prepared to complete prior to event participation.

Fees for transportation:

- \$4 round trip fee, \$2 fee for programs where door to door is provided 1 way.
- Individual fees determined for travel programs.

Participant #s per transportation and programs:

- Minimum of 6 participants registered to run any given program will be the program standard and will be evaluated on a case by case basis per program.
- Minimum of 8 participants registered to run any travel program (day or overnight), based on a 1:4 ratio. We may require 9 if the program ratio is planned on a 1:3 ratio.

Registration & Payments:

- Registration will not be accepted without payment.
 Participants should be prepared to make payment at the time of registration. If leaving a message to register, staff will expect payment to be remitted when returning call to confirm registration.
- Additional information regarding the City's Fee Assistance Program is available upon request.

Please reference the end of the newsletter for additional policies.

ON-GOING ACTIVITIES

Mondays:

Darts at Five Points Center for Active Adults

March: 5, 12, 19, 26 6:30pm – 8:15pm

Registration: \$8.00; with Transportation: \$16.00

Barcode: 214839

April: 2, 9, 16, 23, 30 6:30pm – 8:15pm

Registration: \$10.00; with Transportation: \$20.00

Barcode: 214840

Come enjoy a competitive evening playing darts. You must register for a month in order to participate, weekly registration not available. Meet at Five Points Center, 2000 Noble Rd, 27608; door to door transportation home available.

Tuesdays:

Walking to Wellness at Triangle Town Center

March 27 6:00pm – 7:00pm

Registration: \$0.00; with Transportation: \$2.00

Barcode: 216943

April 24 6:00pm – 7:00pm

Registration: \$0.00; with Transportation: \$2.00

Barcode: 216944

FAMILY PROGRAM: This walking group is for beginners or for those who already walk, and are looking to increase their physical activity. The group will walk at Triangle Town Center, rain or shine. Meet at Triangle Town Center, lower level family area in front of Sears, 5959 Triangle Town Blvd, 27616; door to door transportation home available.

Water Aerobics at Millbrook Exchange

March 6 & 20 7:00pm-8:00pm

\$0.00 registration; \$4.00 with transportation

Barcode: 219411

April 3 & 17 7:00pm-8:00pm

\$0.00 registration; \$4.00 with transportation

Barcode: 219414

Ages 14 and up. This shallow water exercise class will focus on improving posture, balance, and range of motion, giving you an overall workout to improve your health and level of fitness. Bring your own swim suit and towel. Meet at Millbrook Exchange Pool, 1905 Spring Forest Road, 27615; door to door transportation home available.

Wednesdays:

Fun Bowl at Buffalo Lanes North

March: 7, 14, 21, 28 12:30pm – 2:30pm

Registration: \$4.00 Barcode: 214847

April: 4, 11,18, 25 12:30pm – 2:30pm

Registration: \$4.00 Barcode: 214848

Each game costs \$1, up to 3 games, and you will need to pay the bowling alley in cash each day. Participants must be able to carry balls to and from the bowling lane and be able to bowl unassisted. One-on-one instruction is not provided. Pin spotters and rails are available. Weekly registration is not available. You must register for a month in order to participate. Meet at Buffalo Lanes North, 5900 Oak Forest Rd, 27616. No door to door home.

Beep Baseball

We are currently working with other teams to put together a Beepball season this year. As soon as we have more details we will let you know. In the meantime, please call 919-996-2147 to let us know if you are interested in playing or volunteering. Season is set to start on Wednesday, March 7.

Bingo at Chavis Community Center

March 28 7:00pm - 8:45pm

Registration: \$2.00; with Transportation: \$4.00

Barcode: 213402

April 25 7:00pm - 8:45pm

Registration: \$2.00; with Transportation: \$4.00

Barcode: 213403

Ages: 14 and up. Join us for an evening of fellowship, fun and bingo. Braille and large print cards are available. There will be no food or drink provided. Participants are welcome to bring or order food to be delivered to the program location. Food and delivery and eating should not interrupt the program. Meet at Chavis Community Center, 505 MLK Blvd, 27601; door to door transportation home available.

Thursdays:

Trivia Night at Buffalo Brothers

March 15 6:00pm - 8:30pm

Registration: \$0.00; with Transportation: \$2.00

Barcode: 213394

April 19 6:00pm - 8:30pm

Registration: \$0.00; with Transportation: \$2.00

Barcode: 213395

Put on your thinking caps and join us for dinner, and a fun night of trivia! DJ Trivia will be hosting and trivia begins at 7:30pm. Please bring money for dinner. Meet at Buffalo Brothers, 3111 Capital Blvd, 27604; door to door transportation home available.

Fridays:

Audio Book Club at the NC Library for the Blind

March 9 10:00am – 12:00pm

April 13 10:00am – 12:00pm

No cost; no transportation provided

If you are interested in joining the book club please contact Marlene Debo at (919)733-4376. The book group meets at NC Library for the Blind & Physically Handicapped, 1841 Capital Boulevard, 27635.

Outlaw Bowling at Buffalo Lanes North

The Outlaw program is the nation's largest and most consistent blind bowler league. Participation is governed by league by-laws and officers. Contact Sharon Benton, League President, at (919) 755-0700 for league information and transportation needs.

March Activities

Dinner and a Movie Social

Sunday, March 4 4:00pm – 9:00pm

Registration with Transportation: \$4.00

Barcode: 213364

Join us for dinner and a movie at a rotating local restaurant and movie theatre. As new releases come out, we'll spend some time socializing, enjoying each other's company, and the current feature of the month. Location and movie will be determined one week in advance. Must be ready for pickup at 2:00pm; door to door transportation to program location and home included.

The Music of Michael Jackson

Thursday, March 8 6:30pm – 10:30pm

Registration with transportation: \$67.00

Barcode: 219127

If you love Michael Jackson, then you must join us as the NC Symphony jams to songs from his early years with the Jackson 5 to his mega-hit album Thriller and beyond. Our main floor seats will allow us the chance to really jam to the beat! Our friends from the Dragon Social Club will be joining us. Space is limited. Please have dinner before you arrive. No one-on-one assistance provided. Meet at Jaycee Community Center, 2405 Wade Avenue at 6:30pm; door to door transportation home available.

Birds, Brews & BBQ

Saturday, March 17 5:00pm – 8:00pm

Registration with transportation: \$52.00

Barcode: 223721

Age 21 and up. Local cooks will compete to be BBQ cookoff champion - try them all and vote for your favorites while sampling beer from NC craft brewers! Nothing complements great Eastern NC BBQ better than craft beer from local breweries! Your ticket includes admission to Sylvan Heights Bird Park, plus food, games, live music, and more! Meet at Jaycee Community Center, 2405 Wade Avenue, at 2:30pm; door to door transportation home available.

April Activities

Dinner and a Movie Social

Sunday, April 1 4:00pm – 9:00pm

Registration with Transportation: \$4.00

Barcode: 213365

Join us for dinner and a movie at a rotating local restaurant and movie theatre. As new releases come out, we'll spend some time socializing, enjoying each other's company, and the current feature of the month. Location and movie will be determined one week in advance. Must be ready for pickup at 2:00pm; door to door transportation to program location and home included.

Chocolate Making Social

Thursday, April 12 6:00pm – 8:00pm

Registration with transportation: \$52.00

Barcode: 219126

Join us for an evening of chocolate making. We'll enjoy a demonstration, free samples, and many chocolate molds to choose from to make our own chocolates. We'll pair it with many different toppings, hot chocolate wine and sipping chocolate. Each participant will take home one-half pound of chocolate each! Please have dinner before you arrive. Meet at Jaycee Community Center, 2405 Wade Avenue, at 5:30pm; door to door transportation home available.

Treehouse Vineyards Tour & Dinner

Sunday, April 29: 11:00am-9:00pm

Registration with transportation: \$52.00

Barcode: 223722

Ages 21 and up. Join us for a tour of the beautiful Treehouse Vineyards, a North Carolina family owned Vineyard and Winery. The vineyard produces hand crafted Cabernet Sauvignon, Merlot, Dry White Blend, and several award winning Native Muscadine Wines. After our wine tasting, we'll stroll the property, which has rocking chairs, lazy swings, and maybe take in a round of corn hole. We'll head into the town of Monroe for dinner (TBD) before heading back, so please bring money for your meal. Space is limited. Our friends from the Dragon Social Club and HIP program will join us. Meet at Jaycee Community Center, 2405 Wade Avenue, 27607, at 10:30am. Door to door transportation home available.

IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT PROGRAMS, PLEASE CALL BEFORE YOU REGISTER.

Program Policies:

- Unless otherwise noted, all programs are for individuals ages 18 and older, who are blind or have various levels of visual impairment.
- Family members must register for events noted as FAMILY EVENT with the participating visually impaired family member. Participants under the age of 18 must be accompanied by a parent or legal guardian. When registering, please be sure to identify family members and anyone under-age to the office staff. Programs fees still apply.
- The only way to secure your registration is by making payment to the City of Raleigh (checks, money orders or credit card accepted).
- Registration for programs will be reviewed 1 week in advance to determine whether the program will run and so notifications can be sent to staff, participants, etc.
- Registration may be left on voicemail. Participants should be prepared to make payment when staff returns the call to confirm registration. Please clearly leave your name, the event and event date, whether or not you need transportation (if applicable), when/how to expect your payment and your contact information.
- Program cancellations/withdrawals may be left on voicemail. However, we will follow the Refund Policy as noted below. Please clearly leave your name, the event

- and event date, the reason for your cancellation, and your contact information.
- All participants must complete and sign a Participation Form before participating in any activity. These forms are valid for one year.
- Transportation will only be available for individuals ages 8+ or those who meet the 80lb. requirement for not needing a booster seat.
- When door to door to and from a program is available, we will pick up participants up to 2 hours before the scheduled event, based on the number of participants riding. Please be ready 2 hours prior to the program time. You will hear the driver blow the horn 3 times.
- Drivers will only make stops predetermined by the office, except in emergency situations.
- Drivers may pick up or drop off participants at any location within the Raleigh city limits. (The location is not required to be a residence.) Please notify staff and/or drivers as soon as possible – last minute requests are not guaranteed.
- Program volunteers or personal assistants must be approved by office staff prior to attending programs.
 Additional paperwork may be required and may take up to 2 weeks for processing.
- There must be a minimum of 6 participants registered for any program to run. For travel, there must be a minimum of 8 participants registered to run based on a 1:4 ratio. We may require 9 if the program ratio is budgeted on a 1:3.

- All program participants must be able to meet and load the vehicle without assistance. Drivers may not leave the vehicle unattended.
- All program participants must be able to participate and interact appropriately in a social setting.
- All participants riding City vehicles are required to wear seat belts while the vehicle is in motion, if they are available.
- No smoking on vehicles or City of Raleigh property, unless in designated smoking areas.
- Open food or drink is not allowed on the vehicle.
- No profanity will be allowed on the vehicle or at programs.
- Please refrain from wearing strong cologne or perfume to respect those with allergies.
- Only registered participants, staff and approved volunteers/personal assistants are authorized to ride transportation.

Refund Policy:

- 100% refund/credit/transfer if the department cancels a program, 100% credit or transfer of fees to another program at time of withdrawal or 85% refund based on total cost of program;
- Refund/credit/transfer requests received less than 14 days prior to the start date of a program will not be granted;
- Refunds for medical reasons requested prior to the start date of a program will be granted at 100%, subject to verification;

- A credit may be used by any family member on the same registration account;
- Non-attendance/non-participation in a program does not entitle a patron to a refund.

Non-Discrimination Policy:

The City of Raleigh Parks, Recreation and Cultural Resources Department does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in employment opportunities or the provision of services, programs or activities. A participant alleging discrimination on the basis of any of the aforementioned areas may file a complaint with the Director of the Raleigh Parks, Recreation and Cultural Resources Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240.



City of Raleigh Parks, Recreation, and Cultural Resources P.O. Box 590 Raleigh, NC 27602 VIP 6607